

## Barbecue with TLC

Patients everywhere enjoy a little tender loving care from their nurses, but it's unusual to have their kindness in the kitchen.

But that's exactly what cooks will find inside "A Dash of TLC," a cookbook made up of recipes from local nurses with all proceeds benefiting scholarship and professional development for nursing education.

"A Dash of TLC," which focuses on barbecue recipes including "Chicken Under a Brick" and "Joyce's Deep-Fried Sweet Plantains," costs \$20 a book or \$30 for two. It contains 170 recipes submitted by doctors, nurses and staff at the Cancer Institute of New Jersey Foundation at UMNJ-Robert Wood Johnson Medical School in New Brunswick. Proceeds benefit CINJ Nursing Education.

In addition to recipes, the spiral-bound book features a measurement conversion table, tips on how to marinate meat and choose fresh produce, and other charts and diagrams related to cooking, baking and entertaining.

"Cooking often forces us to slow down and spend time with our loved ones, which is a message we receive every day from our patients," said Lois Talty, an oncology education specialist at CINJ.

Cookbooks can be purchased online ([cinjfoundation.org](http://cinjfoundation.org)) or by calling the foundation at (732) 235-8614.

### Savor New Hope

A weekend of arts appreciation will again end with an homage to the edible arts as restaurants serve up their best samples at Savor New Hope on Sunday.

From 6:30-9:30 p.m. under tents in New Hope's Union Square, a whirl of salads, appetizers, lobster, crawfish, Cuban ham, ribs, lamb chops, and desserts will be served.

Participating Bucks County, Pa., Stockton and Lambertville restaurants include Cravings, Duck Soup, Anton's at the Swan, Thomas Sweet, Buckingham Valley Vineyards, El Taco Loco, Fabulous Feast, Havana,

John & Peter's, Hamilton's Grill Room, New Hope Winery, Mother's Wine Bar & Restaurant, Logan Inn, Marsha Brown, The Stockton Inn, Taste Catering, The Last Temptation and Triumph Brewing Company.

Tickets are \$40 through tomorrow and \$50 at the door. Proceeds

benefit the nonprofit New Hope Arts Inc. They can be purchased at the New Hope Arts Center and 5th Season Gifts or by calling (215) 862-9606 or e-mailing ([newhopearts@aol.com](mailto:newhopearts@aol.com)).

For more information on Savor New Hope: Showcase the Arts weekend Friday through Sunday, see the website ([NewHopeArtsInc.org](http://NewHopeArtsInc.org)).



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FOOD NOTES

### Wheat harvest

With summer comes the wheat harvest at Howell Living History Farm in Hopewell Township, and a chance to bring in the tender grains, then turn them into flour and bread.

The annual event is set for Saturday from 10 a.m. to 4 p.m. at the historic circa 1910 farm located just south of Lambertville on Route 29. ([howellfarm.org](http://howellfarm.org))

### Lavender-flavored day

There's still time to indulge in the luxury of lavender as the result of the teaming of Lambertville Station in Lambertville and a Bucks County, Pa., lavender farm.

The Lavender Indulgence Day Trip continues tomorrow through Sunday, offering a chance to dine on a lavender-scented and flavored three-course meal at the Station as well as a visit to Peace Valley Lavender Farm in Doylestown, Pa., where lavender beds are in bloom.

The package includes lavender tea and scones, a visit to the lavender farm and a lunch of cold soup, an entree salad of baby field greens with a lavender-scented vinaigrette and a choice of meats, and lavender ice cream for dessert.

The Lavender Indulgence Day Trip is \$28. An overnight package also is available. Reservations are required and can be made by calling (609) 397-8300. ([lambertvillestation.com](http://lambertvillestation.com)), ([peacevalleylavender.com](http://peacevalleylavender.com)).